

# Art Activity

Draw a picture of a roller coaster with one track showing the fast and easy track and another showing the harder but worth it.

Where do you see yourself on the Reality Ride? Mark where you are on the ride with a star or a stick figure of yourself.

On your picture answer the following questions:

Have you ever gotten in trouble for the same thing over and over again?

How have you gotten out of the loop in the past?

List your top 5 strengths

