Lift The Weight (Song 1) Processing Questions

- What will your life be like 10 years from now if you break laws and rules?
- What will your life be like 10 years from now if you follow laws and rules?
- What do the above two questions have to do with opportunity, freedom, and self-respect?
- What relationships will motivate you to lift the weight?
- How can challenges be converted into motivation?
- Note: Review the three "Cs" of Motivation: Challenge, Choice, and Character

| Other discussion questions or ideas: |
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